



# WOW

AT HOME

**CREATIVE ART ACTIVITY PACK**

**CASULA  
POWERHOUSE  
ARTS CENTRE**

**A CULTURAL  
FACILITY OF  
LIVERPOOL  
CITY  
COUNCIL**

# WAY OUT WEST FESTIVAL 2020

# WOW

## AT HOME

### MESSAGE FROM THE CREATIVE PRODUCER

Hello and welcome to our WOW Festival at Home edition. It's with much sadness that we cannot invite you to Casula Powerhouse Arts Centre for the WOW Festival this July. Instead, we'd like to ask you to join us from your home. Wherever that may be, in Sydney, Perth, New Zealand or somewhere else in someplace else in the world.

The last few months have been strange as we navigate a new world. A new world that has seen our homes turned into workplaces, living rooms turned into playgrounds and school classrooms and hallways turned into obstacle courses. We see the power in art and believe that through art we can navigate any change.

We didn't want to let the opportunity pass to connect with you during this time and that is why we ask you to

please join us as we share the WOW Festival from our home to yours this July!

WOW at Home is our gift to you. We have made a creativity pack, where you will be able to play, create and make art. There is something for everyone, including the grown-ups! Each activity has been designed to allow for exploration, creativity and thinking. These are not just art activities but opportunities to really let children lead the way through art.

We hope you enjoy the WOW Festival at Home!

Keep well and healthy,

**Claudia Chidiac**  
WOW Festival Creative Producer

CREATE &  
HAVE FUN  
AT HOME



**CASULA  
POWERHOUSE  
ARTS CENTRE**



Supported by the  
NSW Government  
through Create NSW

**LIVERPOOL  
CITY  
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# HOW TO USE THIS CREATIVE PACK

Each activity will also list what materials you'll need! You don't have to use all of the materials listed, the most important thing you need is your **IMAGINATION!** and **CURIOSITY!**

## WHAT KIND OF MATERIALS WILL YOU NEED?

- Plain Paper
- Pencils
- Coloured pencils
- Pens
- Crayons
- Paint
- Masking tape
- Sticky tape
- Glue
- Scissors
- Printer



## ADVICE FOR GROWN-UPS

### Do I need to print the whole booklet?

No. The activities are age-specific. You can print each page as required.

### Are the activities child led or do grown-ups need to assist?

Some activities will require you to supervise and some activities invite the whole family to participate. Each activity will state if the child will need support. It's important to remember that these activities were created with the intention for the child to be creating, so parents are more supporters than co-creators!

Try to keep the activity relaxed and if you like, show your child what to do by having a try at the activities before your child does!

### Look out for: **🚨 Grown Up Alert!**

This is your prompt to work alongside your child.

### After activity

After your child completes an activity, ask what they thought - was the activity easy? What would they do differently next time? Visit the Casula Powerhouse website for more activities.

### Ages

This creative art pack has been designed with 4 to 12 year olds in mind. This does not mean that a child who is outside of the age range can not do it. In fact there are some activities for the grown-ups!

## SHARE IT WITH US!

Please consider sharing your creations with us by email:  
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OR tag us on social media!

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# STORYTIME

AGES 4-9

**Storytime has always been such an important part of our festival and we love sharing stories from different cultures. Please join Storytime with Flo!**

Florence is a Filipino woman who journeyed to Australia at a young age in the hopes for a better way of life. In this video, Florence writes a simple story about her journey and interests as a Filipino-Australian. Living in Australia for over 20 years, she struggles with her Tagalog accent but speaks in Tagalog as a way to reconnect with her roots.

With the aid of her mother for translation, she speaks in her native tongue, Tagalog.

Thank you, and hope that in some small way, this simple story can help you reconnect with your cultural roots and identity.

To watch the video and download the activity sheet, go to:

[www.casulapowerhouse.com/visit/wow-festival-at-home](http://www.casulapowerhouse.com/visit/wow-festival-at-home)

*Florence Araniego is an artist working with drawing and painting. She is influenced by the Japanese Superflat movement, and painting all things kawaii. Florence has completed a Bachelor of Fine Arts at the College of Fine Arts, UNSW, a Diploma of Film at TAFE and completed a Certificate IV in Auslan at The Deaf Society. Florence has been involved with numerous organisations, such as The Museum of Applied Arts and Sciences, Sydney's Writers Festival and now facilitates for Studio A.*



## FLORENCE'S STORY

### TAGALOG: KUWENTO NI FLORENCE

**My story is about growing growing up in Australia;**

*Ang kwento ko ay tungkol sa aking paglaki sa Australia.*

**My name is Florence. I came to Australia when I was 6 years old.**

*Ang pangalan ko ay Florence. Dumating ako sa Australia noong ako'y anim na taong gulang.*

**I live in Liverpool with my family.**

*Nanirahan ako at ang pamilya ko sa Liverpool.*

**I love to eat Filipino food, especially cakes such as sans rival, ube cake and spring rolls**

*Mahilig akong kumain nang pagkaing Pilipino, lalo na ang cake katulad nang sans rival at ube cake. Gusto ko rin ang piniritong lumpiang gulay.*

**I learned to speak English in school and practicing with my Dad.**

*Natuto akong magsalita nang Ingles sa paaralan at sa gabay nang aking ama.*

**My favourite activity in school was drawing and making art.**

*Ang aking paboritong ginagawa sa paaralan ay ang gumuhit at paggawa nang sining.*

**I love to draw Japanese comic book heroes.**

*Mahilig akong gumuhit nang komiks na ang bida (beeda) ay mga Hapon.*

**When I was a little older, I owned a cat named Rorshach.**

*Habang ako ay lumalaki, nagkaroon ako nang alagang pusa at ang pangalan niya ay Rorshach.*

**He was a black and white cat.**

*Ang kulay niya ay itim at puti.*

**Later on I owned a second cat named Gary.**

*Sa paglipas nang panahon, muli akong nagkaroon nang pangalawang alagang pusa at ang kanyang pangalan ay Gary.*

**She was a soft brown cat.**

*Siya ay kulay kayumanggi.*

**I really like cats.**

*Mahilig talaga ako sa pusa.*

**Today I work in the Casula Powerhouse and make and teach art with the community**

*Sa kasalukuyan ako ay nagtuturo at gumagawa nang pagguhit*

**I get to work with schools and teach young people about art that we show here**

*nang sining para sa kabataan at pamayanan ng Casula Powerhouse.*

**I am proud to be a Filipino**

*Ipinagmamalaki kong ako ay isang Pilipino*

**and love to share my culture through language food and being together**

*at nais kong ipamahagi ang aking Kultura sa papamagitan nang wika, tunay na pagkaing Pilipino at bayanihan.*

**Thank you.**

*Salamat po.*

### HERE ARE SOME QUESTIONS TO HELP GET THE STORY CHATS GOING:

1. What do you like to write stories about?
2. How do you think Florence felt moving to a new country when she was six years old?
3. What languages is the story written in?
4. What do you think makes a good story?



# HELLO AND WELCOME

AGES 5 - 12

The home of the WOW Festival is one of the most culturally diverse places in Australia, with over 150 different languages spoken!

How many languages can you say hello and welcome in? We'd like to invite you to participate in the hello and welcome 10 day challenge! Are you ready?

Each day, choose a different language and learn to say hello and welcome in that language! What else can you find out about that culture?

Use the table (below) as a guide to help you.

NAME OF COUNTRY	LANGUAGE	WRITE "HELLO" AND "WELCOME" IN CHOSEN LANGUAGE
<i>Spain</i>	<i>Spanish</i>	<i>Hola y bienvenido</i>
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

# MAKE YOUR OWN SOUNDSUIT

AGES 8-10

**Have you heard of the visual artist Nick Cave?** He was born on February 4, 1959, in Fulton, Missouri, USA. He creates wearable sculptures out of everyday objects. He calls these sound suits because the person wearing them makes sounds when the person moves.

Have a look at this image. What do the figures look like to you? How many colours can you identify? Imagine how it would feel to touch the soundsuit? What sounds do you think the soundsuit would make?

Soundsuits camouflage the body and conceal race, gender, and class, making the viewer look without judgment.



## ACTIVITY

### What You Will Need:

1 x Bag or sack (plastic bag/garbage bag/cloth sack)

### Materials you can use to decorate your Soundsuit:

- Twigs
- Balloons
- Paper strips
- Ribbon
- Stickers
- Buttons
- Soft toys
- Anything your imagination can think of

### Instructions:

1. Lay out your bag or sack
2. Cut holes for arms
3. Cut hole for head
4. Attach your materials to your bag/sack
5. Put on your own Soundsuit


## MORE QUESTIONS & ACTIVITY PROMPTS:

- Use your own materials to make a sound suit or a costume. Record the sounds and movements.
- Do you like Nick Cave's work? If yes or no, write why.

## SHARE IT WITH US!

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OR tag us on social media!

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Image credit: PBS News  
Hour: Nick Cave Brings  
Art, Sculpture to Life With  
'Soundsuits', video still



VISIT [WWW.CASULAPOWERSHOUSE.COM](http://WWW.CASULAPOWERSHOUSE.COM) FOR MORE ACTIVITIES!

# MAKE YOUR OWN YAYOI KUSAMA LAVA LAMP

AGES 5-9

Did you know that Yayoi Kusama is the queen of the polka dots? She was born in Japan in 1929. By putting dots and marks all over her artworks, she feels as if she is making them melt into the bigger universe.

Here are two examples of Yayoi Kusama's work:

**Fact:** Lava Lamps have two elements, they are density and polarity.

**Density:** describes how concentrated an object is. Density refers to how much mass/weight an object has. Density also determines whether an object will float or sink in another substance.

**Polarity:** is the molecules that are positively charged at one end and negatively charged at the other. It also determines how atoms bond with each other.



Image credits (above): Yayoi Kusama, *The Obliteration Room*, 2002, furniture, white paint, dot, stickers, QAGOMA

(Left): Yayoi Kusama, *Infinity Mirrored Room - My heart is dancing into the Universe*, 2018, Courtesy Ota Fine Arts, Tokyo/ Singapore/Shanghai and Victoria Miro, London/Venice



## ACTIVITY

### What You Will Need:

- Jar
- Oil
- Water
- Berocca (We recommend using one but if you want to go for the extra fizz you can use more.)
- Food colouring

### Instructions:

1. Fill the bottle about a quarter full with water
2. Top up to the (near) top with oil
3. The oil and water should separate into two layers
4. Once the oil and water have separated, add enough food colouring to get the colour you want. The colour will mix with the water at the bottom
5. Pop in half or a full Alka Seltzer (Berocca) tablet and watch the bubbles form
6. Add more Alka seltzer little by little to keep the bubbles rising and falling



### Grown Up Alert!

You may need to provide support and supervision with this activity. You may also want to make your own lava lamp first so kids can see an example of it whilst they are making their own.

## MORE QUESTIONS & ACTIVITY PROMPTS:

- What has a higher density: water or oil?
- Make your own mark artwork. Cover an object, paper in dots.
- Do you like Kusama's work? If yes or no, write why.



# OUBLECK: MAKING SLIME

AGES 5-9

Do you ever think about what makes you look at things? Is it the shape? Or is it colour? Sol LeWitt is an artist who uses shapes and colour to make art.

His artworks are geometric but when you look at it what do you see? Rainbows? Rivers? Cones? Vertical lines?

Does it look like the works are moving?



## ACTIVITY

### Materials:

- 2 cups of cornstarch
- 1 cup of water
- Food colouring

### Instructions:

- Step 1: Pour 2 cups of cornstarch into a bowl  
Step 2: Add 1 cup of water  
Step 3: Add food colouring to your oobleck  
Step 4: Stir and combine





Image credits (Above top): Sol LeWitt, *Splotch 15*, New York City 2005  
(Above): Sol LeWitt, *Wall Drawing-1136*, United Kingdom, 2004

## SHARE IT WITH US!

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## MORE QUESTIONS & ACTIVITY PROMPTS:

1. What does Oobleck feel like when you squeeze it in your hand?
2. What does Oobleck do when you open your hand?
3. Make an Oobleck artwork using your new slime!



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# CERAMICS BUILDING MURAL

## WOW FESTIVAL KIDS PROJECT

Casula Powerhouse is a very interesting space. Not only have we explored the interior, but we are beginning to discover the wonderful art that resides along the Powerhouse paths and outside areas.

As we walk away from the river, past the Bellbird Cafe's outside dining area, we will see a very colourful building.



This building is the ceramics building, a place where artists and the community create works out of clay. As part of the Way Out West Festival, artist Kim Siew, created a mural with children of the community.



Photo by: Kim Siew

### DID YOU KNOW

The Way Out West Festival, or WOW for short is held every year at the Casula Powerhouse? Many youth and their families come to enjoy art, music, workshops, and many other fun events!



**HELP KATYA PAINT A MURAL!**

WOW



# BELLBIRD GARDEN FENCE

## WOW FESTIVAL KIDS PROJECT

As we walk past the mural, you will start to see overgrown leafy green crops. This is the Bellbird Garden. It is filled with seasonal vegies, herbs, and many plants!



Another artwork stands just across the fence, a series of colourful wooden posts. Some look like people, some look like patterns.



These wooden posts were created by kids for the WOW Festival. Not only are these wooden posts colourful art works, but they help keep the garden safe around the edges!

### DID YOU KNOW

The Bellbird Kitchen takes all their vegies from the Bellbird Garden? Lauren, the wonderful gardener ensures that the Bellbird Cafe is stocked up full of fresh veg for all the community who visits to eat and enjoy.



**Help Happy Scarecrow decorate  
the Bellbird Garden fence with  
your own fun designs!**



COLOUR ME IN





**Welcome to your own garden!**  
**Draw fruit or vegetables**  
**in the garden beds.**

# PAPER HOUSES

AGES 5-10



## BE YOUR OWN ARCHITECT AND DESIGN YOUR OWN PAPER HOUSE!

### You will need:

- Card stock OR thick paper
- Scissors
- Paper knife
- Tape and/or glue stick
- Coloured pencils or pens.

### Instructions:

1. Download and print out your template on card stock or thick paper (or use the template opposite).
2. Decorate the house while the template is uncut and flat.
3. Using scissors, cut your template along the solid lines.
4. Grown-ups can cut out the solid black areas with a paper knife.
5. Fold your template along the dotted lines.
6. Tape or glue the tabs to the model.




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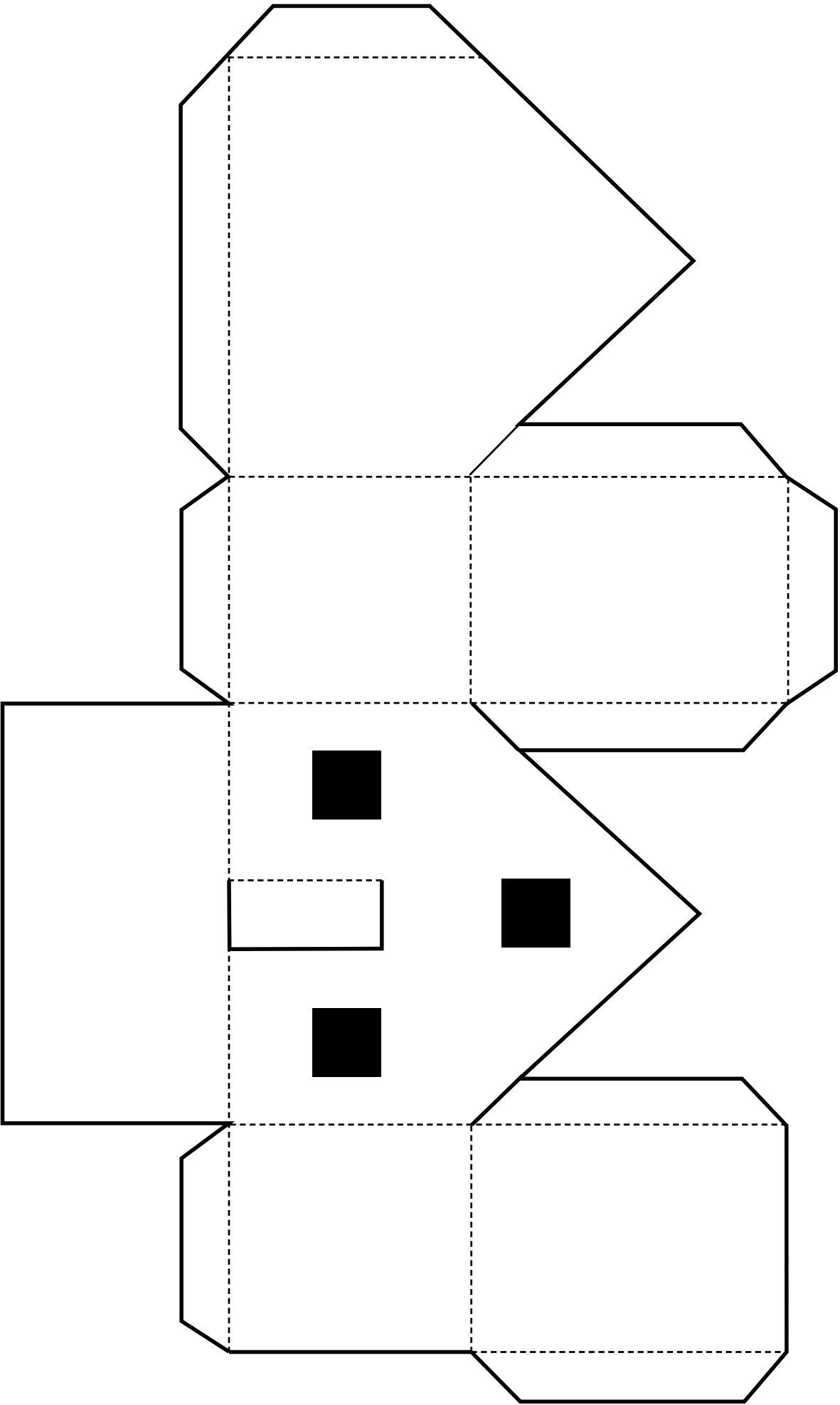
### Grown Up Alert!

You may need to provide support and supervision with this activity. You may also want to make a plain sample model first so kids can understand what each surface is (floor, roof, wall etc) and have that to reference while they decorate their house.



For more templates, go to  
[www.casulapowerhouse.com](http://www.casulapowerhouse.com)







0.5

ZIG Calligraphy pen 1.0

TOP FLOOR HA

# MINDFUL ART

## AGES 10-12 & THEIR GROWN-UPS

We have designed a series of activities for kids and their grown-ups to do together or on their own. Mindful art happens when the focus is on making the work and paying close attention to the process of creating rather than the finished product.

### YOU, ME AND I IN ART

#### You will need:

- Notebook or blank piece of paper
- Pencil or coloured pencils

#### Instructions:

1. Have some pencils and paper on the table
2. Before you start, close your eyes, feel your feet on the floor, your seat, and start to notice your breath coming in and out of your body. Follow your breath for about 5+ rounds. And then slowly open your eyes
3. Pick and the pencil and then really notice how it feels in your hand
4. Place your paper ready to go, feeling the texture with your fingers
5. Close your eyes again and begin to take your line for a walk.... Just really experience the sensation of the pencil dragging across the paper. Move the pencil all around the paper, fluidly, in any way that feels good
6. When you are finished, open your eyes. WOW! Take some time to appreciate what you have created. Then you get to go back to that creation. Maybe you use your paint, your coloured pencils, or continue with your pencil, shading, maybe filling each shape with pattern, just enjoy!




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# REFLECTION CARDS

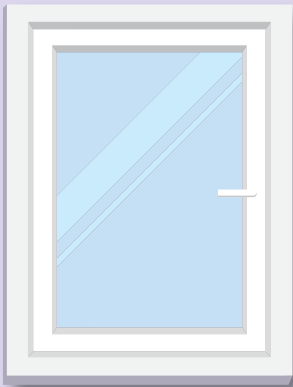
AGES 10-12

Reflection cards are designed to spark meaningful conversations, ignite creativity and thinking. We have created three cards, centered around mindful themes like Adventure, Creativity and Resilience. Pick one or all three cards.

## You will need:

- Notebook or blank piece of paper
- Coloured pencils
- Pens/Pencils

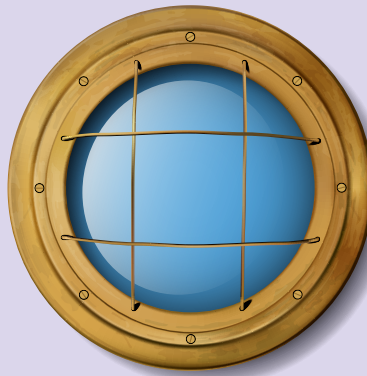
### REFLECTION 1



#### A room with a view

Sit by the window with your notebook and describe/ draw what you see outside. Set the scene with the landscape, include people, animals or anything that passes your view. Imagine what kind of story could take place in this landscape. Are the people in a hurry to meet loved ones?  
Or do the trees have supernatural powers?

### REFLECTION 2



#### In search of lost time

Cast your mind back to times when you experienced powerful emotions. It might be the birth of a sibling or feeling proud about achieving something, like the first time you rode a bike without training wheels. Explore the feelings you had on these moments. Describe/ Draw what you felt in the moment and see if these events might be part of a character's history. Could some of these instances be defining moments in one's character's life?

### REFLECTION 3



#### How to wow friends and families

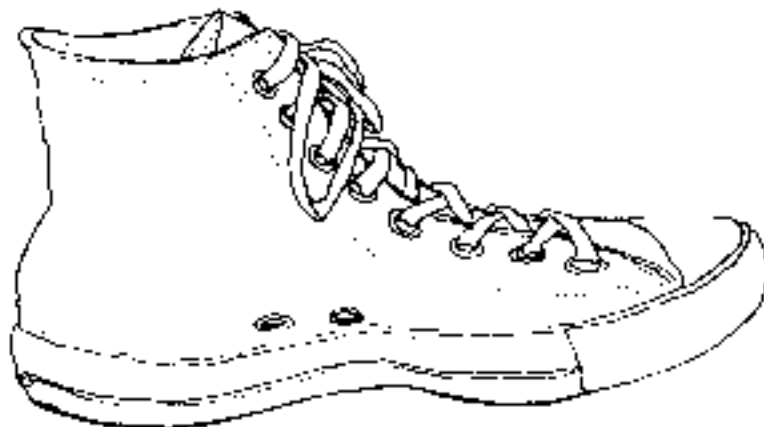
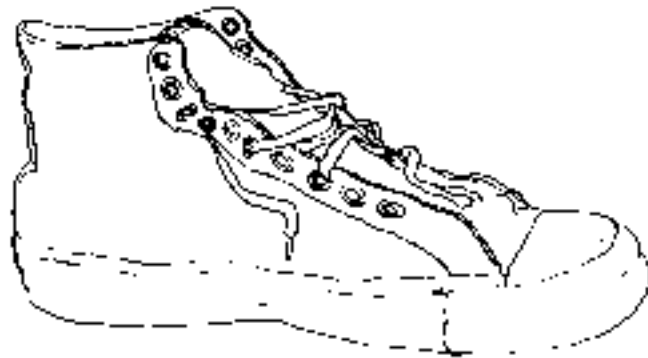
Why not write to someone you know? Who is that person? You may want to get a photograph of that person and jot down a few key memories before you start. How will you begin your portrait?  
It could be with a physical description or maybe telling a story of something that happened you think perfectly illustrates the person's character?

# COLOURING SHEETS

AGES 4-12 & GROWN-UPS

**You will need:**

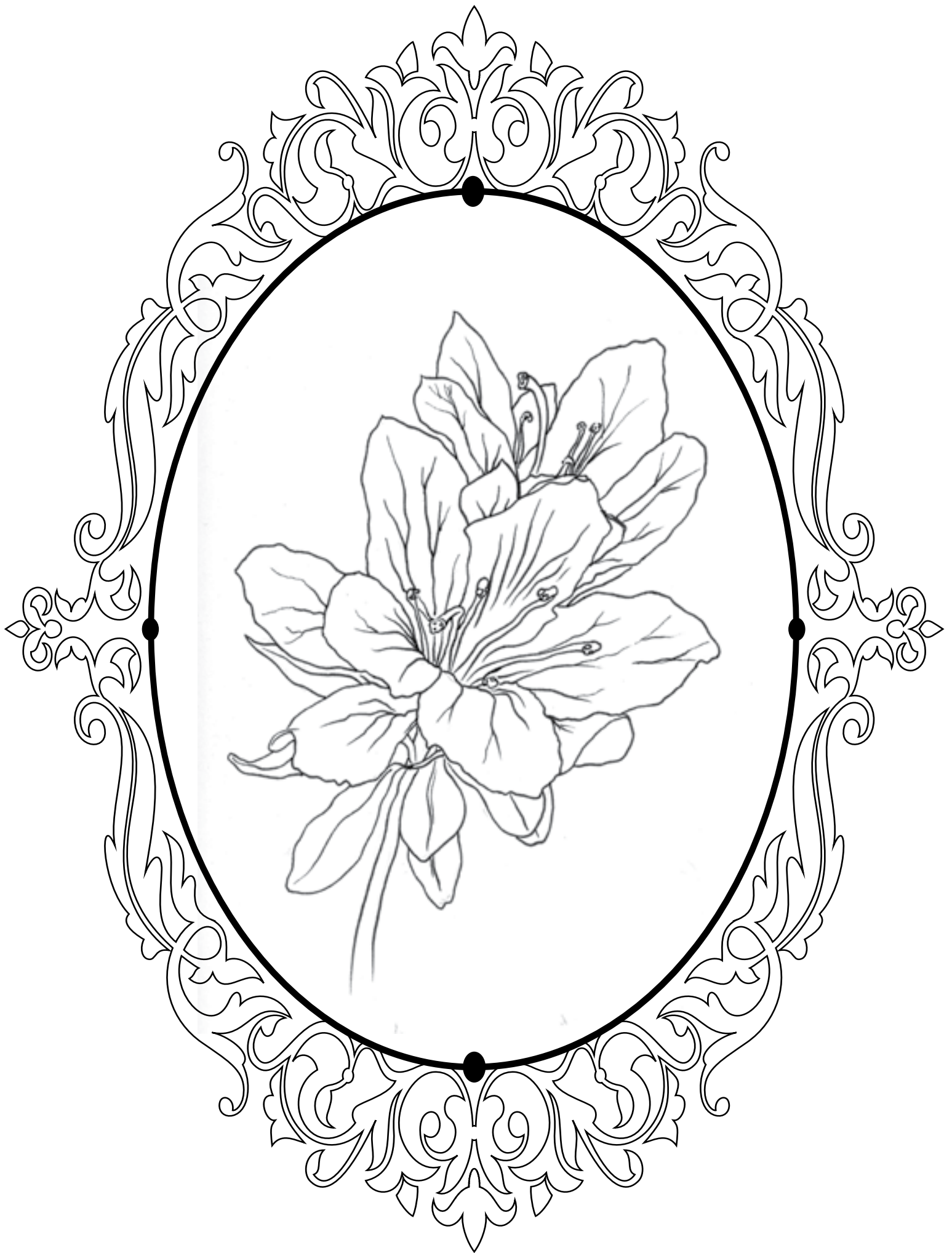
- Coloured pencils
- Pens



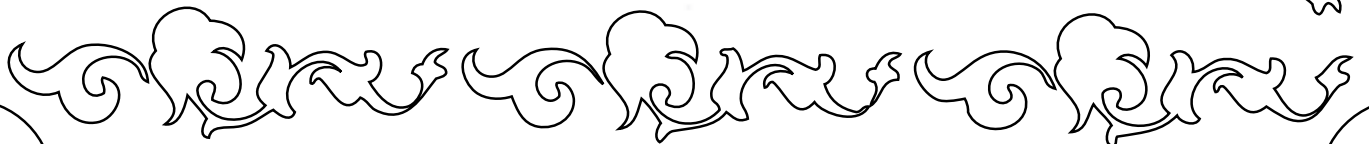
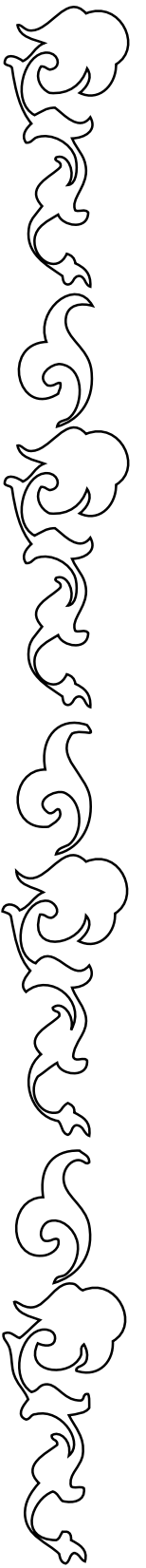
Produced by artist Simon Wheeldon



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# GET MAKING: INDOOR ART HUNT

AGES 4-12 & GROWN-UPS



**PUT ON AN EXPLORER HAT AND GET READY TO EXPERIENCE A HUNT LIKE NO OTHER! ARE YOU READY? LET'S GO!**

#### You will need:

- Something to put all your collectables in example, a bucket
- Comfortable clothes to wear. So you can climb, roll and stretch your way through your home

#### Instructions:


1. Go on a texture hunt! Find things in your home that feel bumpy, fuzzy and smooth. Give it to a parent, sibling or friend and ask them to close their eyes and to describe how it feels
2. Collect something that makes you warm. Can you describe the texture of the object? Is it soft?
3. What do you hear when you are on your way to school? Make a list of all the sounds you hear
4. Find a picture of a time when you were surprised. What happened before the picture was taken? Can you recapture your feelings in a drawing?
5. Create a dish as a family that reminds you of home. What are the different smells that arise from your dish?

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# GET MAKING: OUTDOOR ART HUNT

AGES 4-12 & GROWN-UPS

Take a walk outside and collect a whole lot of objects!  
What can you make with what you find?

## You will need:

- Something to put all your collectables in, for example, a bucket.
- Gloves, if you do not want to pick things up with your bare hands.
- Paper
- Pencil
- Coloured pencils

## Instructions:

1. Take a walk outside and collect “specimens”, like leaves, twigs, flowers or even small rocks
2. Take the collection inside and arrange them on a table or on a tray
3. Picking one specimen at a time, draw what you see using your observation skills



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# LET'S CREATE: ACTS OF ART CHART

AGES 4+ & GROWN-UPS

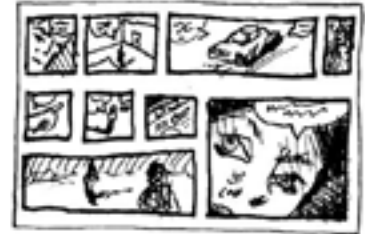
Draw your favorite animal



Make a giant THANK YOU poster



Make a comic strip and draw a story



Create a portrait using natural materials from your garden or local park



Write your fortune



Design your own graffiti tag



How many Emoji's can you draw on one page?



Using cold coffee, paint a potrait of your pet or an animal you love



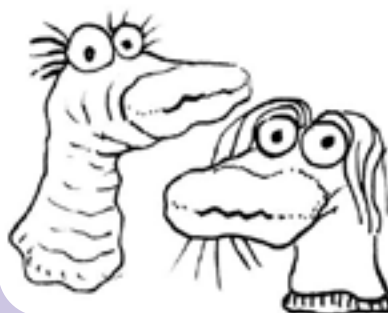
Trace your foot and design your own sneaker



Draw a character from your favorite story



Make sock puppets from old odd socks

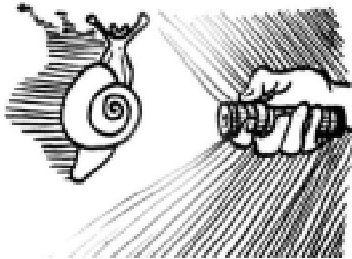


Trace your hand and arm, then turn the drawing into a tree

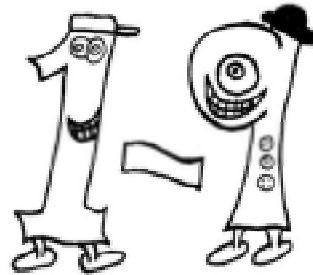


COMPLETE THESE 24 ACTS OF ART IN NO PARTICULAR ORDER. COMMIT TO ONE ACT OF ART A DAY UNTIL YOU GET THROUGH ALL OF THEM. THIS CAN BE ENJOYED BY THE WHOLE FAMILY! ONCE COMPLETED, CROSS THEM OFF.

Use a lamp or torch to trace the shadow of objects starting with 'S'



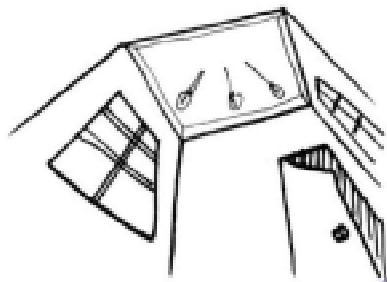
Make drawings using the numbers 1-9



do a line drawing without lifting the pencil from the paper of someone you love



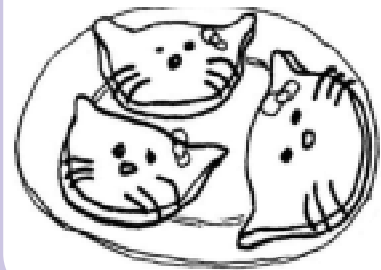
Laying on the floor, draw your room from a different perspective



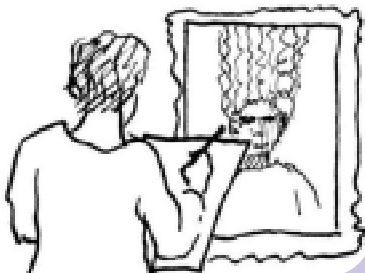
Tape of tie 3 pencils together and draw a beautiful pattern



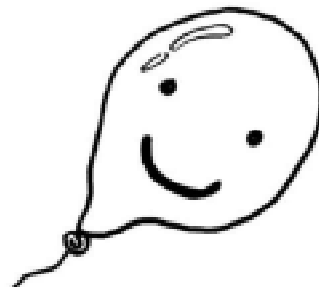
Bake cookies that resemble your favorite character



Use a mirror to draw yourself with a funky hairdo



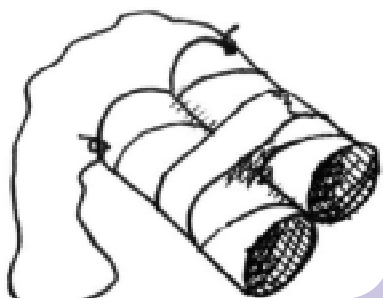
Blow up a balloon and keep it in the air for two minutes



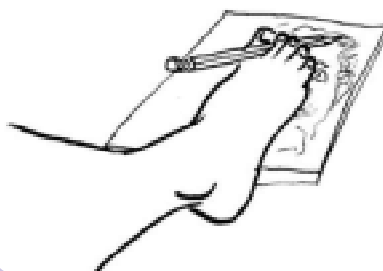
Call a friend and recite a poem to them



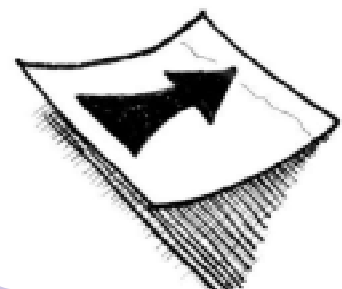
Use the cardboard from toilet rolls to make binoculars, then draw what you see



Draw a portrait with a pencil between your toes



Make a treasure hunt for your family or friends using post-it notes





**WE WILL  
RETURN  
BIGGER &  
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IN 2021!**



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